

New Jersey: Early and Periodic Screening, Diagnosis and Treatment Exam

ADOLESCENCE: 16 YEARS

DATE:

Child's Name:	Date of Birth:
Allergies:	Current Medications:
Illnesses/Accidents/Problems/Concerns since birth:	

Recommend practitioner have individual consultation with adolescent

<b>Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/>	<input type="checkbox"/> I eat breakfast every day <input type="checkbox"/> I have someone I can talk to <input type="checkbox"/> I have questions about sexuality	<b>Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/>	<input type="checkbox"/> I am happy with how I am doing in school and/or work <input type="checkbox"/> I get some physical activity every day <input type="checkbox"/> I get enough sleep; _____ hours per night
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WEIGHT KG/LB PERCENTILE:	HEIGHT CM/FT/INS PERCENTILE:	BLOOD PRESSURE:	Diet: _____
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Review of Systems       Review of Family History

Dental Referral       Menarche  
 Fluoride Supplement       Hgb/Hct  
 Vitamin Supplement  
 TB Test (if high risk factors present)  
 Cholesterol Screening (for high risk children)  
 Review Immunization Record  
 Dipstick Urinalysis

Elimination: \_\_\_\_\_  
 Sleep: \_\_\_\_\_  
 Other: \_\_\_\_\_

Health Education/Anticipatory Guidance: (CHECK ALL COMPLETED)

<input type="checkbox"/> Nutrition/Weight Control	<input type="checkbox"/> Oral Health Care
<input type="checkbox"/> Tobacco Use	<input type="checkbox"/> Injury Prevention/Safety
<input type="checkbox"/> Sex Education/Birth Control	<input type="checkbox"/> Sleep Patterns
<input type="checkbox"/> Driving	<input type="checkbox"/> Seat Belts
<input type="checkbox"/> Self Exam	<input type="checkbox"/> Drugs/Alcohol
<input type="checkbox"/> STD Discussed	<input type="checkbox"/> HIV/AIDS Discussed
<input type="checkbox"/> Regular Physical Activity	<input type="checkbox"/> Suicide Depression
<input type="checkbox"/> Peer Pressure	<input type="checkbox"/> Work
<input type="checkbox"/> Body Image	

Other: \_\_\_\_\_

**Assessment:**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Diagnosis:**  
 \_\_\_\_\_  
 \_\_\_\_\_

**Treatment Plan:**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**REFERRALS:**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**IMMUNIZATIONS:**  given (see VFC Form)  up to date

Screening	N	A
Hearing	<input type="checkbox"/>	<input type="checkbox"/>
Vision	<input type="checkbox"/>	<input type="checkbox"/>
Development	<input type="checkbox"/>	<input type="checkbox"/>
Behavior	<input type="checkbox"/>	<input type="checkbox"/>
Social/Emotional	<input type="checkbox"/>	<input type="checkbox"/>

Physical	N	A	N	A	
General Appearance	<input type="checkbox"/>	<input type="checkbox"/>	Lungs	<input type="checkbox"/>	<input type="checkbox"/>
Skin	<input type="checkbox"/>	<input type="checkbox"/>	Chest	<input type="checkbox"/>	<input type="checkbox"/>
Head	<input type="checkbox"/>	<input type="checkbox"/>	Cardiovascular/Pulses	<input type="checkbox"/>	<input type="checkbox"/>
Eyes	<input type="checkbox"/>	<input type="checkbox"/>	Abdomen	<input type="checkbox"/>	<input type="checkbox"/>
Ears	<input type="checkbox"/>	<input type="checkbox"/>	Genitalia	<input type="checkbox"/>	<input type="checkbox"/>
Nose	<input type="checkbox"/>	<input type="checkbox"/>	Spine	<input type="checkbox"/>	<input type="checkbox"/>
Oropharynx/Teeth	<input type="checkbox"/>	<input type="checkbox"/>	Extremities	<input type="checkbox"/>	<input type="checkbox"/>
Neck	<input type="checkbox"/>	<input type="checkbox"/>	Neurological	<input type="checkbox"/>	<input type="checkbox"/>
Nodes	<input type="checkbox"/>	<input type="checkbox"/>	Gait	<input type="checkbox"/>	<input type="checkbox"/>
Mental Health	<input type="checkbox"/>	<input type="checkbox"/>	Sexual Maturity Rating	<input type="checkbox"/>	<input type="checkbox"/>

**Describe findings:**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

NEXT VISIT: 17 YEARS OF AGE

Health Provider Signature: \_\_\_\_\_